

ACA

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Please arrive 15 minutes prior to your scheduled appointment.

Prep Instructions

- If you are scheduled to walk on the treadmill, wear comfortable clothing and walking shoes.
- Bring a list of medications with you.
- The test takes 2 ½ to 3 hours (45 minutes if you are scheduled for a stress echocardiogram or routine stress test).
- Take all regularly scheduled medications (with water) unless your physician has told you otherwise.
- If you are taking medicine for diabetes and cannot fast for 4 hours prior to the test please call the office for further instructions.
- If you are scheduled for a **Persantine Stress Test** do not take any medications containing theophylline (Aerolote, Marox, Theo-Dur, theo-x, Uni-dur, Slo-Phyllin, Tholair, Theo 24).
- Do not smoke or drink caffeinated/decaffeinated beverages (coffee, tea, pop, chocolate) at least 12-24 hours before the test. Caffeine will make your test inaccurate!
- Do not eat 4 hours prior to the test or your test may need to be rescheduled.
- If you are unable to keep this scheduled appointment, please contact our office 24 hours in advance at 248-293-0055.
- Bring this form and the completed stress test questionnaire form with you to the appointment.

If you have any questions, please call 248-293-0055